

VASCULAR LESIONS

DYNAMIS

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POST-TREATMENT INSTRUCTIONS

General

- Apply Arnica cream/gel over the treated area with a gentle massage, 2-3 times a day to improve the appearance of petechiae.
- An aloe vera-based gel can be used to soothe the skin.

For 3 Days

- Use elastic bandaging (e.g. ace wraps) for better results.
- Avoid hot baths. May shower (lower temperatures are recommended). Ensure the elastic bandaging is reapplied afterwards.
- Avoid exercising.

For 3-5 Days

- Can apply hydrocortisone 1% twice daily.
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HEALING AND RESULTS

- Petechiae and/or bruising over the treated area(s) can be expected to last 7 to 15 days.