

FULL FIELD PEELS

DYNAMIS

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PRE-TREATMENT INSTRUCTIONS

2 Weeks Prior

- Avoid sun-exposure, tanning beds, or sunlamps. Patients are unable to be treated with a tan or a sunburn in the face.
- Avoid perfumes, deodorants, waxing, chemical peels or collagen injections in the treatment area.

3 Days Prior

- Discontinue the use of Aspirin. This can increase the risk of bleeding.
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POST-TREATMENT INSTRUCTIONS

General

- Apply a re-epithelizing cream as often as needed to improve the healing process. Cream recommendations to select from are:
 - Bariederm Cicacream (Uriage)
 - Cicaplast (La Roche Posay)
 - Cicalfate (Avenne)
 - Aquaphor (Eucerin)
- Apply broad spectrum sunscreen, 3 times a day (7 am, 12 pm and 2 pm).
- Apply a gentle moisturizer when the skin feels dry and tight; as many times a day as needed; apply barrier cream and sunscreen over the top.
- Avoid active topicals, such as retinol, until fully healed.

For 7-15 Days

- Strict avoidance of sunlight.
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