

FOTONA4D MEN®

FOUR DIMENSIONS OF FACIAL REJUVENATION

DYNAMIS

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PRE-TREATMENT INSTRUCTIONS

2 Weeks Prior

- Avoid sun-exposure, tanning beds, or sunlamps. Patients are unable to be treated with a tan or a sunburn in the face.

Prior to Arrival

- Make sure the face is thoroughly cleansed. All make up must be removed.
 - Face skin is ideally clean and freshly shaved; however procedure can be completed without the need to shave but can impact results.
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POST-TREATMENT INSTRUCTIONS

General

- Apply a re-epithelizing cream as often as needed to improve the healing process. Cream recommendations to select from are:
 - Bariederm Cicacream (Uriage)
 - Cicaplast (La Roche Posay)
 - Cicalfate (Avenne)
 - Aquaphor (Eucerin)
- Apply broad spectrum sunscreen, 3 times a day (7 am, 12 pm and 2 pm).

Immediately After

- Can apply make-up (but best to wait 24 hours).

After 4-5 Days

- Topical treatments and skin care dermo-cosmetic products, such as retinol and acids can be resumed.

For 7 Days

- Strict avoidance of sunlight.
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HEALING AND RESULTS

- Erythema should be expected immediately after the session lasting less than 24 hours, followed by a possible superficial feeling over the next 48-72 hours.
- Immediately after the treatment, freshness and tightness of the treated skin.
- Complete results take place gradually, over a time period of 2-3 months. Continuing improvement for up to six months.